



SPORTS SEASON

It's time for fall sports and, unfortunately, sometimes that means injuries. Here are some important tips to help keep your child safer.

Healthy Snacks

Be sure to pack healthy snacks like apples, carrot sticks, oranges, and more to promote healthy teeth. Don't forget to rinse with water after eating!

↓ Mouth guards and helmets greatly reduce the risk of face, head and mouth damage!

↓ If your child has an injury involving loss of consciousness, vomiting, changed behaviors, or any disturbance or changes to their facial bones, please immediately seek Emergency Room care.

↓ If your child has trauma to the mouth, not to include the above symptoms, please call the office immediately for emergency care. For some injuries, repair and successful healing require quick action.



We will be supporting Silverbrook PTO again by donating to their Seahawk Stomp. If you would like more information on how you can support almost 900 local students with enrichment programs.

IMPORTANT REMINDER

For all our families on United Concordia - we will continue to honor your UC benefits until October 31, so please call the office to make your appointments today. In addition, if you have questions in regards to your insurance changes or dental plan, please do not hesitate to call or stop by the office for a detailed explanation. It is our job to make this transition as smooth as possible for our military, and other United Concordia, families.

Passport to Philanthropy

Our passport to philanthropy this year will include relief efforts on many fronts. Dr. Biggs will be directly delivering personal care goods to locations in need. In addition, we will be donating to the Red Cross and All Hands Volunteers Hurricane Response. Our hearts go out to all those affected by the terrible recent weather. If you would like more information on how you can help, we have links on FB to connect you with resources equipped to help. We continue to thank our wonderful DS Family for their support and assistance with our Passport to Philanthropy efforts.