

# Happy Thanksgiving



Thanksgiving is a time to reflect on one's many blessings throughout the year. We are so grateful to have you in our DS Family. This year we have watched our employees rise to new heights, our office blossom and our family grow. We are looking into options for expansion and feel blessed to be so busy. The staff and doctors at Destination Smile would like to thank each and every patient and their families for filling our second year with such joy! Have a wonderful Thanksgiving holiday, and please stay safe while you celebrate.

## For which we are grateful:

1. We are grateful to all our wonderful patients who were so understanding of our situation when stranded on the West Coast during Hurricane Sandy. We are grateful that the office remained safe and that our wonderful DS Family understood our absence and was so willing to work with us on scheduling.
2. Our staff - we love all our dedicated and talented employees
3. Our practice - we feel blessed to be able to continue doing what we love, day by day
4. Family and friends in the Lorton area who surround us with love
5. The approaching holiday season

## Winter Safety

1. Wear lots of layers. Weather in VA changes constantly; don't forget to wear many layers as the weather begins to turn.
2. Stay dry. Hypothermia sets in much faster with wet skin. Keep your clothing and skin dry when playing outside.
3. Set time limits for outdoor play on cold days. Be sure the children are coming in to warm up between play times.
4. Always wear protective gear when skiing, sledding or other outdoor fun.
5. Don't forget that the sun can still burn! Be sure to wear sunscreen even on those cold winter days!

## Congratulations Mr. President!



Destination Smile would like to congratulate President Obama on his re-election to a second term.

*Dull November brings the blast, Then the leaves are whirling fast.*

- Sara Coleridge

